

## **Sarah's Wood Tree Planting Volunteer**

Tree Planting at Sarah's Wood in Nottingham Forest is an annual event that usually takes place in November. MSA Trust members can join staff to plant trees in memory or support of loved ones. This is a very special day, where people gather to create a haven for reflection and remembrance for years to come.

### **What the role involves**

Tree Planting Volunteers work alongside MSA Trust staff to welcome attendees, help with planting saplings and build a warm and memorable day.

On the day, you might be asked to

- Meet and greet visitors, direct them from the car park to the tree planting area
- Assist the onsite foresters with the sapling planting
- Help Trust members to plant saplings, following guidance from the foresters
- Serve light refreshment to guests
- Help with Christmas card and merchandise sales, including handling cash payments
- Keep the marquee areas tidy and accessible
- Follow directions from and assist MSA Trust Staff to make sure the event runs smoothly
- Act as an Ambassador for the MSA Trust throughout the day

If you don't feel able to do some of these tasks, you can talk to the volunteer manager or volunteer officer. They can discuss options with you.

### **What skills are needed?**

- Being friendly and approachable
- A positive, can-do attitude
- Willing and able to spend prolonged time outside in a fixed location, and help with sapling planting
- Able to follow instructions from staff and foresters and ask them for help if needed
- Understanding that this can be an emotional day for guests who are planting trees in memory of loved ones

This event takes place outside, in Winter, with gazebos for shelter. It may be cold or wet, so you will need to dress to suit the weather and location.

### **What you can expect from us**

- A named volunteer manager to support you before and after the event
- Staff support on the day, to explain what's needed and answer your questions
- Being part of a friendly team
- Training to make sure you feel confident and safe before and on the day
- Refreshments provided on the day
- Help with pre-agreed travel expenses
- Experience in supporting people affected by MSA
- Ongoing communications, including news about volunteering opportunities,



volunteer newsletters and free MSA News magazine

### What we ask of you

- Respond to communications before and after the event
- Arrive on time on the day
- Wear appropriate clothing and footwear to keep you warm, dry and comfortable throughout the day (e.g. sturdy flat shoes, waterproofs, hat, scarf and gloves)
- Follow the directions of staff and foresters
- Act as a positive ambassador for the MSA Trust
- Treat all visitors with warmth and kindness

If you have any questions about this role, please email [volunteer@msatrust.org.uk](mailto:volunteer@msatrust.org.uk)