



Supporting people with multiple system atrophy (MSA)

What is MSA?

Multiple System Atrophy (MSA) is a very rare, rapidly progressing, condition that causes nerve cells to shrink in the brain.

MSA affects

all of the body's basic functions and causes deterioration in



walking and balance, speech, swallowing and continence

Multiple system atrophy is a VERY rare condition that affects around

5 people in every

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People with MSA may never meet others with the disease. Health and care professionals are unlikely to have ever supported someone with MSA.

Treatment of MSA

Treatment is geared towards managing symptoms and progression. There is currently no established cause for MSA and no cure.

Progression of MSA

It strikes adults randomly, generally between the **ages of 50 to 60.** People will need full time care at their advanced stage and it leads to premature death.



MSA Trust provides support on all aspects of living with multiple system atrophy

from symptom management, emotional support and advocacy to combating isolation.





MSA Trust funds vital research to find the cause and cure for MSA. We have so far committed £1.5 million to fund:

- A clinical research fellow
- Several ground breaking research projects
- The first ever databank of information for MSA researchers



Our vision is a world free of MSA

We support people with MSA, their carers, families, friends and health and care professionals. We do this by providing:

- An MSA Nurse Specialist service
- A network of local Support Groups around the UK and Eire
- An advocacy officer that helps with a range of issues including benefits, continuing healthcare, and grants for equipment
- Vital and unique information on the condition, through our magazine, website, factsheets and guides
- Education and support for health and care professionals working with people with MSA



People affected by MSA can attend any of our Support Groups across the UK and Ireland, to meet others with the condition. This minimises feelings of isolation.

We **rely entirely** on voluntary donations. So please support us. Donate online at www.msatrust.org.uk



To get involved









