

## MSA Trust – Health Care Specialist Service

This flyer provides an overview of the support provided by the MSA Trust's Health Care Specialists. The MSA Trust has six Health Care Specialists who cover the United Kingdom and Republic of Ireland between them. Please note as there are only 6 of them our MSA Specialists are unable to offer home visits. You can find the MSA Specialist for your areas here - <https://www.msatrust.org.uk/support-for-you/nurses/>

### Information and Support Service

Our MSA Health Care Specialists provide a telephone and email support service. They offer information about MSA, from living with the illness to symptom management. They can also help explain what further support you may need and where to find it. Our Nurses are not part of the NHS system and so cannot manage the treatment of someone with MSA but they are willing to speak with health and care professionals who treat patients with MSA.

Our Health Care Specialist Service operates from Monday to Friday between 9.00am – 5.00pm or if you prefer you can email them. There is an answer phone if they are out of the office, so please leave a message. Calls are normally returned within 48 hours or by the next working day if you call over the weekend; and most are responded to within a few hours of your call.

If you need urgent support outside of these hours you should contact your GP, the out of hours GP service or call 999.

Contact your Health Care specialist by either telephone or email:

**Katie Rigg: 01434 381 932 | Samantha Pavey: 0203 371 0003**

**Jill Lyons: 01934 316 119 | Emma Saunders: 0330 221 1030**

**Demelza Stuart: 02890 791641 | Debra Vincent-Scott: 0333 006 7211**

Email: [support@msatrust.org.uk](mailto:support@msatrust.org.uk)

We also have a Social Welfare Specialist who is available to offer information and support to members on issues such as benefits (including Continuing Healthcare), social care and grants.

Sam Fitzgerald: 0203 404 6673 | [sam.fitzgerald@msatrust.org.uk](mailto:sam.fitzgerald@msatrust.org.uk)

### **MSA Support Group Attendance**

The Health Care Specialists attend some MSA Support Group meetings located throughout the UK and Ireland. They often give short talks or presentations and will deal with questions and concerns. They are also happy to answer individual queries on a one to one basis. For more information about MSA Support Groups please contact the MSA Trust (details below) or visit the website at: <http://www.msatrust.org.uk/support-for-you/local-support/>

### **Other Nurse Specialist Services**

- Attending specialist MSA clinics around the country
- Providing education sessions to multi-disciplinary team members who are supporting someone living with MSA
- Producing information leaflets for the MSA Trust
- Writing articles for MSA News
- Liaising with Parkinson's Nurse Specialists and other health and care professionals.



## **Multiple System Atrophy Trust**

Information, support, education and research

To register with the Trust free of charge please visit our website, telephone, email or write to us at:

[www.msatrust.org.uk/support-for-you/join-us/](http://www.msatrust.org.uk/support-for-you/join-us/)

0333 323 4591 | [support@msatrust.org.uk](mailto:support@msatrust.org.uk)

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