

## Setting up your fitness app to a fundraising page



1) Download the fitness App on to your phone



2) Open and register your profile on to the fitness app



3) Open a Fundraising page e.g Justgiving [www.justgiving.com/msatrust](http://www.justgiving.com/msatrust)

4) Connect your fitness account to your fundraising page  
Click [here](#) for a quick guide on how to do this with JustGiving



5) Track your progress using the fitness app to update your fundraising page. Let your friends and family aware of your virtual progress



 **BONUS!** You can also connect your Facebook page to your fundraising page to post and share