



# Multiple System Atrophy Trust

2018

RUNNING EVENTS FOR MSA TRUST





**MSA  
Trust**



*Brighton Marathon™*

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## BRIGHTON MARATHON

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**When** – Sunday, 15<sup>th</sup> April 2018

**Minimum sponsorship** – Fundraise as much as you can when running with your own place!

**Run distance** – Marathon

Since the inaugural run in 2010 the Marathon has become one of the most popular ones in Southern England. The course starts at Preston Park and the route takes you through some scenic sights of central Brighton before heading East towards Rottingdean. The last few miles go through some stunning seafront before finishing on Madeira Drive, close to Brighton Pier. This is surely a Marathon worth running just for its sightseeing!

**Please note that charity places for Brighton Marathon have been filled.**

**Got your own place through the public ballot? Then  
click on**

**FUNDRAISE  
FOR US**





## VIRGIN MONEY LONDON MARATHON

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**When** - Sunday, 22<sup>nd</sup> April 2018

**Minimum sponsorship** – Fundraise as much as you can when running with your own place!

**Run distance** – Marathon

What else needs to be said for Europe's best marathon? You will be running with the best in the world, from Olympic runners to celebrities – this is one of the most star-studded Marathons! Take part in this epic run and represent MSA Trust on the BIG stage!

**Please note that charity places for London Marathon have been filled.**

**Got your own place through the public ballot? Then click on**

**FUNDRAISE  
FOR US**



We will be pulling out all the stops to support you throughout your Marathon journey – providing you MSAT running gear, sponsorship forms, advise on what to expect on the day, fundraising support and of course cheering you on during the race, waiting at the end with a goody bag.



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## BRITISH 10K

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**When** – Sunday 15<sup>th</sup> July 2018

**Minimum sponsorship** – **No minimum sponsorship required**, just raise as much as you can!

**Run distance** – 10K

**Location** – London

Fantastic opportunity to run in closed streets of London and to train for the London Marathon! This iconic route will have you passing some of the capital's most historic landmarks - from St Paul's Cathedral to the London Eye on to House Guards Parade, you will not be bored taking part in this 10K.

**Lots of MSA Trust charity places available so save on the registration fee and run with our places! [Email](#) us today and we will get you a guaranteed place.**



9 runners ran for MSA Trust in the 2017 British 10k, including Rebecca Tubridy. She ran in memory of her uncle Tony and asked family and friends to sponsor her run. She was more than pleased with the support she got and raised £500 in the end! Well done Rebecca!



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## GREAT NORTH RUN

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**When** – Sunday 9<sup>th</sup> September 2018

**Minimum sponsorship** – £450 with a MSA Trust charity place

**Run distance** – Half Marathon

**Location** – Newcastle

It's considered one of the world's best half marathons! The course takes in the iconic Tyne Bridge, past thousands of cheering supporters in Gateshead, finishing in the coastal town of South Shields. You will be receiving lots of pre-race support and of course support on the day - musical entertainment, MSA Trust cheering points and we will meet you after the Race as well!

**MSA Trust Charity places for 2018 Great North Run now available. [Get in touch](#) with us and we will send you an application form.**

Public Ballot results will come out by Feb 2018. We would love to know if you got a place to run for MSA Trust – [email](#) us!



Elaine and James Leitch ran in the 2017 Great North Run and raised £710. Elaine later said:

“Please pass on our thanks to the team, I found the race particularly difficult but remained mindful of the daily battle endured by MSA sufferers! The cheering team were awesome and it was great to grab a quick chat with the girls (MSA Trust staff) at the end”