



MSA  
Trust

# Factsheet

# MSA Nurse Specialist Service

MSA Trust | Service Guide Series

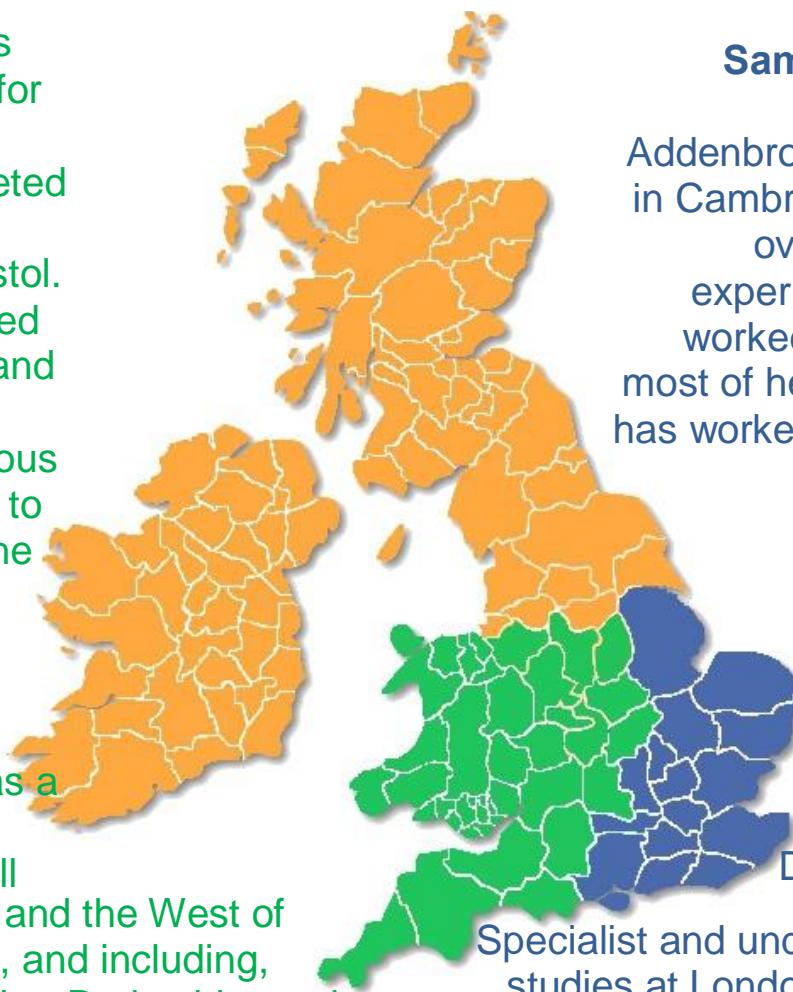


This leaflet forms part of a series explaining the services offered by the Multiple System Atrophy Trust. This one provides an overview of the range of support provided by the MSA Trust's Nurse Specialists.

The MSA Trust has three nurse specialists who cover the United Kingdom and Republic of Ireland between them.

**Katie Rigg** is a registered general adult nurse with specialist qualifications in both community nursing and palliative care. Over a number of years, she has gained experience of working in hospitals, community services, hospices and voluntary organisations. She has a particular interest in neuro-disability and neuro-degenerative conditions. Katie covers Scotland, Ireland and the North of England up from, and including, Yorkshire and Lancashire.

**Jill Lyons** has been nursing for over 25 years having completed a degree in nursing at Bristol. She has worked in Neurology and Care of the Elderly in various settings. Prior to starting with the MSA Trust Jill worked for another neurological charity and has a wealth of experience. Jill covers Wales and the West of England up to, and including, Nottinghamshire, Derbyshire and Cheshire.



**Samantha Pavey** trained at Addenbrookes Hospital in Cambridge. She has over 25 years of experience and has worked in neurology most of her career. She has worked in hospitals, hospices and the charity sector at management level. Most recently she worked as a Parkinson's Disease Nurse Specialist and undertook further studies at London South Bank University. Samantha covers the East of England up to, and including, Lincolnshire.

## Information and Advice Service

**What:** The MSA Trust Nurse Specialists provide a telephone and email support service. They offer advice and information about MSA from living with the illness to symptom management. They can also help explain what further support you may need and where to find it. They are not part of the NHS system and so cannot manage the treatment of someone with MSA but they are willing to speak with the health professionals who do treat patients with MSA. For this to happen please ask your health professional to get in touch with them.

**When:** Telephone support operates from Monday to Friday between 9.00 . 5.00pm or if you prefer you can email them. There is an answer phone if they are out of the office so please leave a message. Calls are normally returned within 24 hours or by the next working day if you call over the weekend; and most are responded to within a few hours of your call.

If you need urgent advice outside of these hours you should contact your GP or the out of hours GP service.

**How:** Contact the nurse specialist by either telephone or email;

**T: Katie Rigg: 01434 381 932 | Samantha Pavey: 0203 371 0003**

**T: Jill Lyons: 01934 316 119**

**Email:** [nurses@msatrust.org.uk](mailto:nurses@msatrust.org.uk)

## MSA Support Group Attendance

The nurse specialists attend some MSA support group meetings located throughout the UK and Ireland. They often give short talks or presentations and will deal with questions and concerns. They are also happy to answer individual queries on a one to one basis. For more information about MSA support groups please contact the MSA Trust (details below) or visit the website at:  
[www.msatrust.org.uk/living-with-msa/support-groups/](http://www.msatrust.org.uk/living-with-msa/support-groups/)

## **Other Nurse Specialist Services**

- Attending specialist MSA clinics around the country
- Providing education sessions to multi-disciplinary team members who are supporting someone living with MSA
- Producing information leaflets for the MSA Trust
- Liaising with Parkinson's Nurse Specialists and other health and care professionals.

**Please note that as there are only three Nurse Specialists they are not able to offer home visits.**



## **Multiple System Atrophy Trust**

Information, support, education and research

To register with the Trust please visit our website, telephone, email or write to us at:

[msatrust.org.uk/register-now](http://msatrust.org.uk/register-now)

T: 0333 323 4591 | E: [support@msatrust.org.uk](mailto:support@msatrust.org.uk)

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